

What We Do...

At **Khalil Family Wellness & Intervention** we understand that major lifestyle changes can be difficult, and sometimes a little frightening. Our programs and our intensive aftercare are integrated from the inside out to bring focus and balance to the Physical, Bio-Chemical and Psychological dimensions inherent in all our lives.

The programs we offer at Khalil Family Wellness & Intervention are specific to individual needs. There is no 'One size fits all'.

We begin with a comprehensive interview to ascertain the needs, goals and desires of each individual to establish a unique protocol for them.

This safe, and confidential protocol, can and will include family counseling, education as well as a customized individual approach. Family counseling and education is a vital component in the process.

You no longer need to be satisfied with "...seems a little better," or "...maybe there's been some progress." Success can be measured objectively and used as a benchmark to adjust protocols and reinforce goals attained.



**Khalil Family
Wellness & Intervention**

Khalil Family Wellness & Intervention
22790 Kelly Road, Suite A
Eastpointe, MI 48021
Phone: 586-771-7600
Fax: 586-771-7617
www.khalilcenters.com



ADD/ADHD
Dyslexia
Compulsive
Disorders

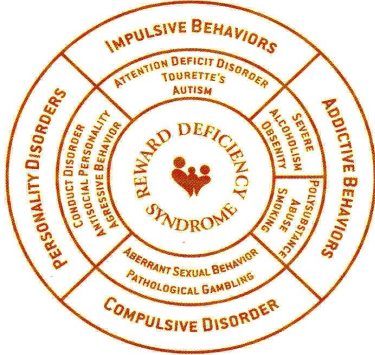
- *The Causes
- *The Signs
- *There is Help



Khalil Family Wellness & Intervention
22790 Kelly Rd. Suite A
Eastpointe, MI 48021
Laura M. Khalil C.Ad.

We Understand The Causes...

Reward Deficiency Syndrome



Scientific Research is now grouping all the many addictions and compulsive behaviors under the term **Reward Deficiency Syndrome**. ADD/ADHD is the result of a breakdown in what is called the **Brain Reward Cascade**.

Recognize the Signs...



ADD/ADHD is caused by an imbalance in the brain's chemicals called neurotransmitters.

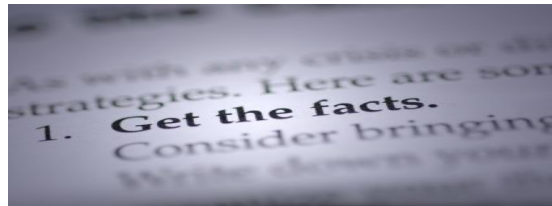
There are (5) specific neurotransmitters that must be in balance to maintain Good Health:

Dopamine, Opioids, GABA, Norepinephrine and Serotonin.

When these neurotransmitters are not in balance these sensations may be evident:



Anxiety - difficulty paying attention – strong sense of urgency - feelings of uneasiness - inability to sleep well - lack of feeling of well being .

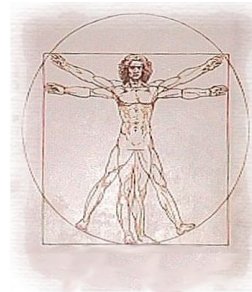


Increasing numbers of parents are turning to alternative therapies to try to alleviate childhood conditions for which traditional medicine has few resources except the prescription of medication.

ADD/ADHD, Dyslexia, Obsessive Compulsive disorders and Tourette's Syndrome are debilitating for a child and family alike and dramatically affect the quality of life.



There is No "Drug" that can actually put these neurotransmitters back into natural balance. **Unlike other treatment programs** we use a combination of proven and innovative techniques to treat the underlying Physical, Psychological and Bio-Chemical stresses. A 'whole person' approach that encompasses the **Mind, Body and Spirit**.



We Can Help...

Khalil Family Wellness & Intervention is licensed by the State of Michigan as a Substance Abuse Mental Health Facility. We are one of the very few practices in the United States that specialize in the use of **Auriculotherapy, Torque Release Technique and Lifestyle Management.**

Scientific studies have proven that Auriculotherapy plus Torque Release Technique, in conjunction with the proper nutritional support, Tai Chi, the appropriate Cognitive Therapy and Positive Behavioral Reinforcement can not only be effective, but have, in many cases, eliminated or drastically reduced dosages for psychotropic drugs.



To treat ADD/ADHD, addictive behavior and compulsive disorders, Khalil Family Wellness & Intervention provides an intense outpatient treatment program, designed to promote a firm foundation to the path of wellness and recovery.

We would welcome the opportunity to discuss your unique needs. Please call to schedule an appointment at your convenience.



Khalil Family Wellness & Intervention
22790 Kelly Road, Suite A
Eastpointe, MI 48021
Phone: 586-771-7600
Fax: 586-771-7617
www.khalilcenters.com